

PHYSICAL ED THEORY (PET)

PET 1931 - ST: Physical Activity (1-3 Credits)

An introductory course designed to provide the student with foundational knowledge and experiences in physical activity related to the improvement in personal fitness.

PET 3627C - Care & Prevent HP Injuries (3 Credits)

Study of Prevention, Recognition, Treatment and Rehabilitation of Human Performance Injuries. Students will learn acute care injuries, learn safety precautions and emergency procedures.

Prerequisite(s): APK 3125 and APK 3125L