# MENTAL HEALTH SERVICES (MHS)

# MHS 6010 - Intro to School Counseling (3 Credits)

To provide students with an overview of the roles, responsibilities, functions, and characteristics of the school counselor within a comprehensive developmental guidance and counseling program. **Attribute(s):** SUSC - Sustainability Component

## MHS 6021 - Intro to Clin Mental HIth Coun (3 Credits)

An introductory course for counselors working in non-school settings. Focus on foundational knowledge, social and cultural foundations, history of the profession, and basic listening skills.

Attribute(s): SUSC - Sustainability Component

#### MHS 6070 - Mental Disorders (3 Credits)

Mental disorders emphasizing recognition of behavioral symptoms and their social and cultural contexts linked to appropriate helping approaches and referral for further diagnosis and treatment.

# MHS 6200 - Appraisal Procedures (3 Credits)

A study of test and non-test techniques of appraisal with emphasis on the use of test data in counseling programs. Focus will be on integrating data from a variety of sources at individual, small group, and large group levels.

#### MHS 6338 - Coll/Career Readiness: K-12 (1 Credits)

A focus on the strategies and basis for College and Career Readiness skills among K-12 students.

Prerequisite(s): MHS 6010 Corequisite(s): MHS 6340

#### MHS 6340 - Career Development (3 Credits)

Introduction to career development theory and practices including methods of identifying and delivering career information, counseling, and assessment for career development and decision- making, career programs and services in schools and community organizations, and technology as part of career development methods.

Attribute(s): SUSC - Sustainability Component

# MHS 6400 - CounsTheory for School Couns (3 Credits)

Introduction to various counseling theories and techniques as applied to children in the school setting. Further, this course will allow students the opportunity to practice specific techniques in a controlled environment. **Attribute(s):** SUSC - Sustainability Component

# MHS 6401 - Counseling Techniques (3 Credits)

This course will cover the basic skills and techniques utilized by counselors in school and mental health settings. Students will have an opportunity to practice in class and receive feedback on their application of counseling skills and techniques.

Attribute(s): SUSC - Sustainability Component

#### MHS 6403 - Expressive Arts & Trauma Tx (3 Credits)

Intended for students in their final year of their master's program in clinical mental health counseling, this course is designed as an advanced clinical counseling course. Students will learn how to integrate expressive arts and somatic interventions in trauma treatment.

Prerequisite(s): MHS 6800

# MHS 6404 - Intro to Couns Theory and Tech (3 Credits)

The study and practice of major theoretical positions in counseling and psychotherapy; implications for research and practice in contemporary social contexts.

Attribute(s): SUSC - Sustainability Component

# MHS 6405 - Advanced Counseling Theory (2,3 Credits)

An advanced study of counseling approaches, current research, and empirically supported treatment.

Attribute(s): SUSC - Sustainability Component

#### MHS 6418 - Ldrship Acctability & Supv: SC (3 Credits)

An advanced course in the design, delivery, assessment, and management of a highly effective school counseling program. Students will receive training in Collegial Coaching/clinical supervision used in Florida's K-12 schools.

#### MHS 6420 - Counseling Spec Population Gps (3 Credits)

Application of counseling theory to work with clients from special population groups, e.g., students who are, exceptional, ethnic minorities, and at-risk. Each student will select a specific population group for supervised research.

Attribute(s): SUSC - Sustainability Component

# MHS 6422 - Play Therapy (3 Credits)

Introduces students to basic play therapy and assessment skills and techniques utilized in working with children and adolescents in school, community mental health settings, and family practice.

**Prerequisite(s):** MHS 6400 (may be taken concurrently) or MHS 6404 (may be taken concurrently)

#### MHS 6423 - Counseling Children & Adol (3 Credits)

This course will address counseling children and adolescents in school and mental health settings. Students will learn about the effects of contextual, systemic, and individual factors on children and adolescents, about issues frequently addressed in counseling this population, and about a variety of developmentally appropriate counseling interventions, skills, theories, and techniques.

Prerequisite(s): MHS 6482 or MHS 6481

# MHS 6428 - Psychosoc/Cross-cultural Couns (3 Credits)

The focus of this course is to help students gain awareness of the ways in which an individuals sense of self, identity, the ways in which they understand others, as well as their conceptions of mental health and wellbeing are derived from their world-view and prevailing philosophy of life which is shaped by psycho-social and cultural norms and values.

Attribute(s): SUSC - Sustainability Component

## MHS 6435 - Family Counseling (3 Credits)

Introduces students to the theory and skills, and the major approaches of family counseling, emphasizing the role of family systems in the maintenance of problem behavior and solutions.

Prerequisite(s): MHS 6445 and MHS 6446

# MHS 6438 - Advanced Family Systems (3 Credits)

Provides an in-depth exploration of systems theory in family therapy. Major assumptions of systems theory will be examined and the implications for interventions will be explored.

Prerequisite(s): MHS 6445 and MHS 6446 and MHS 6435

# MHS 6445 - Intro to Couple/Fam Counseling (3 Credits)

Introduces students to the theory and skills, and the major approaches of family counseling, emphasizing the role of family systems in the maintenance of problem behavior and solutions.

Prerequisite(s): MHS 6404

# MHS 6446 - Couple/Relationship Counseling (3 Credits)

Participants will learn about evidenced-based couples counseling and how couples counseling is different from other forms of counseling. Students learn about models, techniques, and research related to working with couples.

Prerequisite(s): MHS 6445

#### MHS 6450 - Issues in Addictions and Abuse (3 Credits)

The basis of addictive and abusive behavior in our society from biological, social, cultural, and psychological perspectives for counselors to successfully intervene in the lives of clients impacted by addiction and abuse. Issues pertaining to substances, domestic violence and sexuality will be explored.

Attribute(s): SUSC - Sustainability Component

#### MHS 6466 - Crisis/Trauma Counseling (3 Credits)

The course is designed as a counseling course to increase knowledge and skills for practice with crisis and trauma response/intervention.

Prerequisite(s): MHS 6481 or MHS 6482

#### MHS 6470 - Human Sexual Issues Counselor (3 Credits)

Emphasis include exploration of various dimensions of human sexuality; dynamics of major individual and societal sexuality issues; theoretical approaches to sexuality counseling.

# MHS 6481 - Human Dev for School Counselor (3 Credits)

An examination of theories of human development from conception to the end of life, applying theoretical paradigms to actual children and families through observations, interviews and case studies, and exploring the issues of typical/atypical development, parenthood, and adaptive family life-styles within varying ecological contexts.

Attribute(s): SUSC - Sustainability Component

# MHS 6482 - Lifespan/Development (3 Credits)

Part 1 of a 2-course sequence. Focus on development in infancy and childhood related to physical growth, intellectual and linguistic growth, healthy sexuality, and social/emotional growth. Admission to the Counselor Education program or permission of instructor required.

Attribute(s): SUSC - Sustainability Component

# MHS 6500 - Introduction to Group Dynamics (3 Credits)

An experiential study of group structure, group dynamics, methodology, and leadership models applicable to working with groups in mental health settings. Includes skill building through supervised practice.

Attribute(s): SUSC - Sustainability Component

#### MHS 6530 - Grp Wrk for Sch Professionals (3 Credits)

An experimental study of group structure, group dynamics, methodology, and leadership models applicable to working with groups in school settings. Includes skill building through supervised practice.

Attribute(s): SUSC - Sustainability Component

## MHS 6600 - Mntl Hlth Consult/Collab Prob (1 Credits)

Communication skills, problem-solving strategies, ethics, and consultation models in clinical mental health counseling.

Prerequisite(s): MHS 6882 or MHS 6830

# MHS 6601 - Consult & Collabor Prob Solve (3 Credits)

Consultation theory, models, and practice with an emphasis on collaborative problem solving particularly with educators, other professionals, families, community agency personnel, individually and in groups.

Attribute(s): SUSC - Sustainability Component

#### MHS 6620 - Org. Admin and Supv (2-3 Credits)

A study of organization behavior and administrative models as applied to community settings addressing mental health and human development mental health settings. The course reviews and teaches models and skills of clinical supervision.

Prerequisite(s): MHS 6882 or MHS 6830

Corequisite(s): MHS 6886

Attribute(s): SUSC - Sustainability Component

#### MHS 6700 - Legal & Ethical Iss. in Coun. (3 Credits)

A study of legal, ethical and related professional issues affecting the role and responsibilities of counselors in schools, community agencies, and mental health facilities in social and cultural contexts.

Attribute(s): SUSC - Sustainability Component

# MHS 6710 - Research and Prog Evaluation (3 Credits)

Reviews basic measurement concepts, construction of standardized testing materials, and fundamental descriptive statistics for applied research. A variety of research models will be presented, emphasizing action research and program evaluation in public school settings and community agencies.

Attribute(s): SUSC - Sustainability Component

#### MHS 6800 - Practicum Skills and Field Exp (3 Credits)

Beginning with didactic instruction, modeling and practice, student will develop needed skills for supervised field practice of interview and helping skills in the second half of the term.

Attribute(s): SUSC - Sustainability Component, WBLI - Work based learning indicator

#### MHS 6805 - Adv Practicum in Counseling (3 Credits)

Advanced practice course in the application of specific counseling skills that require an integration of basic helping skills, counseling theory, and assessment of counselee needs.

Prerequisite(s): MHS 6800

Attribute(s): SUSC - Sustainability Component, WBLI - Work based learning indicator

# MHS 6807 - Couple/Fam Counseling Internsh (1-3 Credits)

Supervised field practice in relationship, marriage, family counseling (100 hours per credit per term.) May be repeated up to 6 credits for up to 600 hours

Prerequisite(s): MHS 6445 and MHS 6435 and MHS 6446 Attribute(s): WBLI - Work based learning indicator

# MHS 6830 - CMHC Counseling Internship (1-6 Credits)

An intensive field-based experience for candidates in the master's degree program in clinical mental health counseling. Counseling knowledge and advanced competencies are integrated in a setting under professional supervision. Placements are in a variety of community agency, private practice, school, or college settings. Application for the internship and approval for placement are required prior to registration. 600 hours in the setting are required for the counseling programs. Each credit equates to 100 clock hours of internship.

Prerequisite(s): MHS 6800

Attribute(s): WBLI - Work based learning indicator

#### MHS 6886 - Internship: Clinical Superv (1-2 Credits)

In conjunction with training in clinical supervision, students will gain field experience supervising beginning counseling students in practicum/ advanced practicum activities.

**Prerequisite(s):** MHS 6620 (may be taken concurrently) or MHS 6418 (may be taken concurrently)

Attribute(s): SUSC - Sustainability Component

#### MHS 6905 - Individual Study in Counsel Ed (1-4 Credits)

Individual study and/or research under the direction of a Counseling Faculty member. Topics vary and are selected on an individual basis. Detailed project or paper must be completed. (Permission of instructor and/or Program Faculty is required.)

#### MHS 6930 - Special Topics (1-3 Credits)

Examines advanced topics in counseling theory and practice. The specific topic varies. Course may be repeated with different topics. Restricted to students in counseling majors; others by approval.